

Rotary



ROTARY
SERVING
HUMANITY



TexcityTimes

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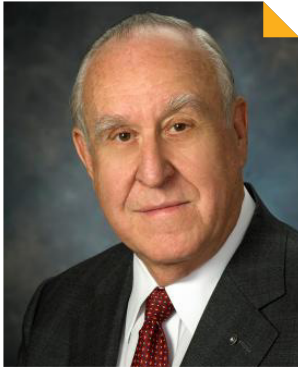
October 2016

We Rise By
Lifting Others..



JOYN
Join to Change

RI PRESIDENT MESSAGE



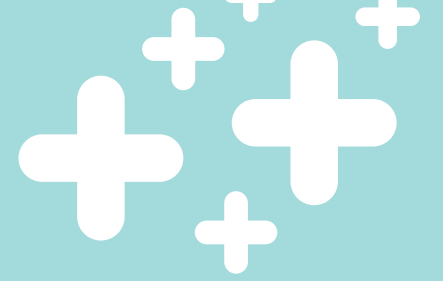
JOHN F. GERMHAS
RI PRESIDENT

Before Rotary took on the task of polio eradication, 350,000 people - nearly all of them children - were paralyzed by polio every year. That child in the Philippines knew exactly what polio was and understood exactly what Rotary had just done for his baby brother. Today, 31 years after the launch of PolioPlus, the children of the Philippines - and of nearly every other country in the world - are growing up without that knowledge, and that fear, of polio. Instead of 1,000 new cases of polio every day, we are averaging less than one per week.

But as the fear of polio wanes, so does awareness of the disease. Now more than ever, it is vitally important to keep that awareness high and to push polio eradication to the top of the public agenda and our governments' priorities. We need to make sure the world knows that our work to eradicate polio isn't over yet, but that Rotary is in it to end it.

On 24 October, Rotary will mark World Polio Day to help raise the awareness and the funding we need to reach full eradication. I ask all of you to take part by holding an event in your club, in your community, or online. Ideas and materials are available for download in all Rotary languages at endpolio.org/worldpolioday, and you can register your event with Rotary at the same link. You can also join me and tens of thousands of your fellow Rotarians for a live-streamed global status update at 6 p.m. Eastern time at the U.S. Centers for Disease Control and Prevention in Atlanta. I'll be there along with CDC Director Tom Frieden, other experts, and inspirational presenters, sharing an inside look at the science, partnerships, and human stories of polio eradication.

It is an incredibly exciting time to be a Rotarian. We are gathering momentum for the final race to the finish: to the end of PolioPlus and the beginning of a polio-free world. It is truly a once-in-a-lifetime chance to End Polio Now, through Rotary Serving Humanity.



In 1979, James Bomar Jr., the president of rotary at the time, traveled to the philippines as part of rotary's earliest work to immunize children against polio. after he had put drops of vaccine into one baby's mouth, he felt a child's hand tugging on his trouser leg to get his attention. bomar looked down and saw the baby's brother looking up at him, saying earnestly, "thank you, thank you, rotary."

PRESIDENT MESSAGE



RTN. BRIJESH K.P
PRESIDENT

As I write this message, I have just returned from a meet that reinforced my mission as a Rotarian, what it means to be a Rotarian, and to fuel the fires inside each of us to keep up the good work.

Sometimes, what service we do might seem insignificant, but viewed through a wider angle, if

we have made a difference in one person's life, then that is a great start. I am just one person, but one of 1.2 million strong, in 34,000 Rotary clubs around the world, all serving humanity.

A kind word here, an encouraging pat on the back there, we Rotarians, as a team, are indeed making a big difference in the world.

Rotary is changing the world for the better. Scholarships, funding, drives, we are well on our way towards that one universal goal, one person, one plan, one action at a time.

The 2016-2017 Rotary theme of "Rotary Serving Humanity" is our guiding light and beacon of achievement. Our Rotary club is a

place where we share ideas, gain valuable insights through our elder members, and generally, have fun together. It's been a great innings thus far, but I still have a long way to go. The enthusiasm and energy in our club is infectious, and will help each club member turn their passions into action, Rotary-style. There are no limits to what we, as Rotarians, can accomplish together.

As Paul Harris, the founder of Rotary wrote, "individual effort may be turned to individual needs, but combined effort should be dedicated to the service of mankind. The power of combined effort knows no limitation." I truly believe that. It is my great pleasure to lead this club of diversely skilled people as we carry on the tradition of "Rotary Serving Humanity".

I know we can make a difference in at least one person's life and that, to me, would be all the reward we need.

Here's to many more smiles around!





ANN. AMRITHA S LUND
EDITOR

Back in the days when Germany was divided, a huge wall separated East and West Berlin. One day, some people in East Berlin took a truck load of garbage and dumped it on the West Berlin side.

The people of West Berlin could have done the same thing, but they didn't. Instead they took a

truck load of canned goods, bread, milk and other provisions, and neatly stacked it on the East Berlin side. On top of this stack they placed the sign:

"EACH GIVES WHAT HE HAS"

How very true! You can only give what you have. Dear friends, what do you have inside of you? Is it hate or love? Violence or peace? Death or life? What have you acquired over the years? Is it capacity to build or capacity to destroy?

"EACH GIVES WHAT HE HAS"

Think about it!

No matter how tough we think our life is, there's always someone who has to face challenges that are even tougher than ours. Giving our best will make us feel good. Watch the joy in a child's face or notice the grateful gleam in an adult's eye whenever you reach out and touch them. We cannot quantify how we will feel after making a difference in someone's life. Make a difference today and do service to humanity.

Let's give our best to the community!

ROTARY RECOGNIZES LEADERS AND CORPORATIONS FOR IMPROVING LIVES AND COMMUNITIES

Rotary, a global network of volunteers who connect leaders and take action to improve lives, will honor six individuals and two corporations for bringing positive, lasting change to their communities.

Through inclusive business practices, each brings employment, mentoring, education, innovation and collaboration to their humanitarian work. "These business leaders represent the intersection of commerce and cause," said Rotary International President John Germ. "Because of their dedication to economic development, thousands of individuals have gained steady employment, vital job skills, and the education necessary to build a better life. I extend my warmest congratulations to them for their outstanding service to humanity."

The following honorees will receive Rotary's Responsible Business recognition on Nov. 12 at Rotary Day at the United Nations, an annual event that highlights humanitarian activities that Rotary and the United Nations lead around the world.

Coca-Cola Pakistan: Raises public awareness for polio vaccinations in Pakistan – one of the few remaining countries that has never stopped the paralyzing disease -- and clean water and sanitation projects.

Mercantil Banco Universal: Supports a project that has trained 6,000 students at 40 universities on social responsibility and leadership, with the goal of encouraging students to use their academic knowledge to help underserved communities in Venezuela and beyond.

Juan Silva Beauperthuy, Rotary Club of Chacao, Venezuela: Helps keep disadvantaged youth on the right track through Queremos Graduarnos an education program focused on mentoring and skill development supported by his engineering firm. Today, the program serves over 700 students in 18 schools.

Jean-Paul Faure, Rotary Club of Cagnes-Grimaldi, France: Encourages young professionals and provides promising new businesses with training and funding. Faure launched a business contest called Le Trophée du Rotary. Now in its seventh year, the program has drawn support from a major bank and kept past participants involved as mentors.

Suresh Goklaney, Rotary Club of Bombay, India: Provides clean water in rural villages and urban slums throughout India. Goklaney, executive vice chairman of the world's largest manufacturer of UV water purification systems, has also established water centers where local women sell clean water to generate income.

Annemarie Mostert, Rotary Club of Southern Africa, South Africa: Offers education, job training, entrepreneurship, and leadership development for women through Sesego

Cares, a Johannesburg-based nonprofit Mostert established in 2005. She also collaborated with TOMS and mobilized 70 Rotary clubs across the country to provide 1.3 million pairs of shoes to children in need.

Stephanie Woollard, Rotary Club of Melbourne, Australia: Helps Nepalese women make and sell products abroad. Woollard founded Seven Women after meeting seven illiterate craftspeople during a visit to Nepal – and has since trained and employed more than 1,000 women in the last decade, while also teaching basic bookkeeping and computer skills.

Larry Wright, Rotary Club of Taylor, Michigan, USA: Supports entrepreneurs in bankruptcy-era Detroit, providing microloans, business classes, and mentorship through his organization Launch Detroit.





Photo Credit : Mussa Uwitonze

SURGEONS FROM INDIA BRING RELIEF TO UNDER-SERVED PATIENTS IN RWANDA

Hundreds of people gather in an open-air courtyard at University Central Hospital in Kigali, Rwanda. Men in suits, women in flowered dresses, even prisoners in pink and orange gowns are waiting to find out if they will receive medical care. Some have no visible signs of injury. Others arrived on crutches, with arms in slings, or with catheters protruding from their clothing. Several have swollen, broken limbs: injuries that should have been mended long ago but were neglected because of the country's long surgical-ward backlog, or simply poverty.

Emmanuel Mugatyawe, 36, sits on the ground as a friend fills out his yellow admissions form. He has been waiting two months for an operation to repair a broken leg – now infected – that he sustained when a car plowed into his motorbike.

"These are not routine cases; there are very few fresh injuries," says Shashank Karvekar, an orthopedic surgeon and member of the Rotary Club of Solapur, India, after he and his Rwandan colleague Joel Bikoroti examine several dozen patients, scheduling many for surgery. Over the next eight days, a team of 18 specialized doctors (12 of whom are Rotarians) will perform surgeries on 268 Rwandan patients, including procedures in orthopedics and urology. The trip, initiated by District 3080 (India) and hosted by District 9150 (Central Africa), is funded by The Rotary Foundation with support from the Rwandan government. It's the fourth medical mission to Rwanda that the two districts have organized since 2012. This time, among the volunteers is K.R. Ravindran, the first sitting RI president to take part in the mission.

A few buildings down on the University Central Hospital's campus (referred to as

CHUK), Rajendra Saboo, 1991-92 Rotary International president, is busy coordinating the last-minute logistics of the mission. The 82-year-old from Chandigarh, India, has done this many times. After finishing a post-presidential term on the Board of Trustees, Saboo and his wife, Usha, began to

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look for ways to participate in the type of hands-on service they had long encouraged of their fellow Rotarians.

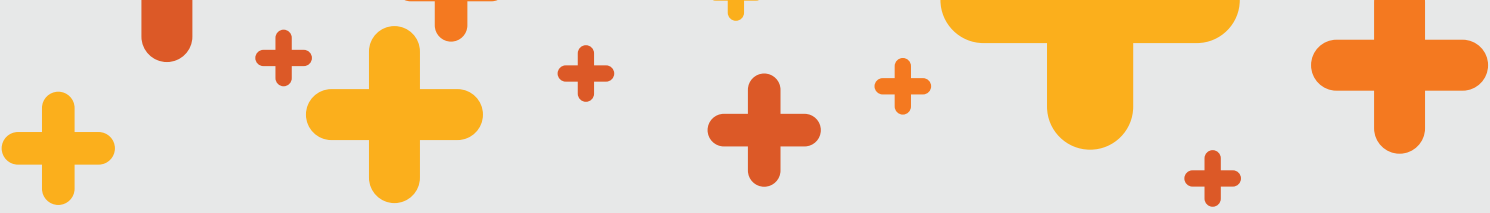
They wanted to help India, a country that often receives outside assistance, make a stronger global contribution. It didn't take long for Saboo to focus on medicine. He found that many local doctors had trained or worked in limited-resource settings similar to what they would find in Africa.

"Our doctors are medically very strong," Saboo explains. "And because India also does not have infrastructure of the highest level, they've learned how to innovate."

Saboo's first mission, to Uganda, took place in 1998 and focused on cataract surgeries and corrective operations to help disabled polio survivors. Organized with Rajiv Pradhan, a pathologist and past governor of District 3130, it consisted of doctors from Saboo's district (3080) and Pradhan's.

Today, Saboo recalls the mission as a life-altering experience – one so successful that the two soon arranged a trip to Ethiopia. That visit marked the start of an 18-year partnership that has brought more than three dozen surgical missions to 12 African countries, as well as Cambodia and six of India's least developed states. Over time, the missions have increased in frequency to four per year, while adding specialties such as plastic surgery, urology, and gynecology. Saboo has been on almost every trip. "Raja Saboo is absolutely full of energy," says Pradhan. "He's constantly thinking of new ways to support medical missions. Even at this age, he's working 12 hours a day."

Rwanda, a compact central African country with mountainous topography that often draws comparisons to Switzerland, is perhaps best-known for its darkest moment: the slaughter of up to a million citizens, mostly members of the Tutsi minority, in the 1994 genocide. Twenty-two years later, it's one of the fastest-growing economies in Africa. Kigali, its capital, is among the tidiest cities on the continent. Since 1994, life expectancy has more than doubled in Rwanda while maternal and child mortality rates have fallen.



Rwanda still faces public health challenges, however. Access to surgery is among them. According to The Lancet, an estimated 5 billion people, including nine out of 10 residents of lower- and middle-income countries, do not have access to “safe, affordable surgical and anesthesia care when needed.” In these countries, the British medical journal notes, 143 million additional surgical procedures are needed every year. Although most Rwandans are covered by national health insurance, which gives them access to low-cost care, many people living in rural areas cannot afford to get to a public health facility. Moreover, surgery is only available in five of the country’s public hospitals, and many patients must wait to be referred from local health centers or district-level facilities.

Aside from a minority of patients who can afford private care, complex cases wind up at one of two public hospitals in Kigali: CHUK and Rwanda Military Hospital, which also hosted doctors from the mission. A persistent shortage of surgeons means there’s typically a long waiting list. According to Faustin Ntirenganya, who heads the department of surgery at CHUK, the hospital employs just 10 surgeons and three anesthesiologists – a staffing shortage that, at times, means a backlog of up to 1,000 cases. Despite a growing number of surgical residents at Rwanda’s national university, the lure of better-paying jobs abroad makes holding on to specialists difficult, Ntirenganya says. “Our biggest challenge is numbers,” he says. “Our limited team cannot handle the needs of the whole population.”

The Rotary mission helps meet the high demand. In four trips to Rwanda, Saboo’s teams have conducted nearly 900 surgeries. For some patients, the mission represents a final chance. Michel Bizimungu, who had been out of work since rupturing a patellar tendon playing soccer last October, was told his case could be handled only at Rwanda’s top private hospital, at a price far beyond his means as a cleaner. Then his case was

referred to Asit Chidgupkar, an orthopedic surgeon and member of the Rotary Club of Solapur. Although Chidgupkar had never encountered this specific injury, and CHUK lacked some needed equipment, including biodegradable screws and suture anchors, Chidgupkar devised a plan. The next day, in a four-hour procedure involving three separate incisions, he repaired Bizimungu’s knee. Chidgupkar called the procedure an “absolute improvisation.” (He later presented the case at an orthopedic conference in India, and he keeps in touch with Bizimungu, who updates him periodically on his recovery.) “It’s one of my most memorable cases,” he says.

The mission also provides training. Mission doctors teach cutting-edge surgical techniques to local physicians, medical students, and residents. During surgery, the visiting doctors demonstrate techniques and learn from host country doctors. Bosco Mugabo, a fourth-year resident in surgery at the University of Rwanda who assisted Chidgupkar with Bizimungu’s operation, says the opportunity was invaluable. “There are some tricks and hints that you don’t learn from school,” he says. “You learn them from a specific surgeon.”

With this in mind, Saboo worked with local health authorities to slightly modify the Rwanda mission. At a dinner in Kigali, he announced plans to invite 10 Rwandan doctors to India for three-month stints of training there – part of an effort to boost local capacity in a more sustainable manner. The next mission to Rwanda will also be smaller and focus more on teaching two in-demand specialties: reconstructive urology and anesthesiology. In addition, 20 Rwandan children will undergo open-heart surgery in Saboo’s home city of Chandigarh. With travel funds from the Rwandan Ministry of Health, 30 Rwandan children have already received such operations there. According to Emmanuel Rusingiza, one of only two pediatric cardiologists in Rwanda, the country’s high rate of rheumatic heart disease, which generally results from

SERVICE IN A CHALLENGING SCENARIO:

The Rotary mission helps meet the high demand. In four trips to Rwanda, Saboo’s teams have conducted nearly 900 surgeries.

untreated cases of strep throat, means the country has a waiting list of more than 150 children. “A big number of them are passing away,” he says. “It’s a very hard situation.”

As the mission in Kigali winds down, Saboo is already looking forward to the next one. With more Indian districts interested in sending doctors, and African districts interested in hosting them, he expects the number of trips to increase, even if his own attendance becomes less frequent.

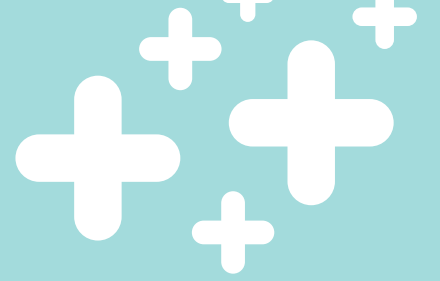
Many mission participants, both first-timers and veterans, say they plan to return, though it sometimes entails a significant personal and professional sacrifice. Karvekar, whose own son underwent heart surgery in India just days before he traveled to Kigali, is one of them. “I’d wanted to go on one of these trips for a while,” he says, noting that the mission was his longest absence from his family’s private clinic, where he’s the only orthopedic surgeon on staff. “There were a lot of challenging cases, but fortunately we were able to do them well and, I think, give the patients a good result.”

“It is totally a labor of love,” adds Saboo, speaking for himself as well as the team of doctors. “When they come here, there’s no compensation. They come purely because they want to extend their services to humanity beyond their own borders.”

*- Jonathan W. Rosen in the October 2016 issue of The Rotarian
Courtesy: eFlashonline*



Join to Change



"My Rotarians helped me to join larger organisations like the St. John Ambulance Association, Indian Red Cross and the Society for International Development and I felt I had wings to fly."



I had my debut in Rotary through my home Club of Cuncolim in RI Dist. 3170 and the practice of this Club is to keep every new member under observation for almost about 1 year.

I was just an Medical Intern in that year 1984. I was wondering why the hell the Rotarians have such an incubation period which is so long that members would be fed up. In 1985 I joined the Junior Chamber International (Jaycees) and in 1986 I was the President of the Jaycee Chapter of my village of Cuncolim. We had a glorious year and I had several activities and won many awards in the Goa State Jaycees. In 1985 July I was inducted and my first District Conference was in Bijapur and I witnessed almost a crowd of 1500 Rotarians coming from different classifications which was amazing. I simply collected everyone's visiting cards and put them in an album classification wise.

The jJaycees taught me what was Training which was further polished in Rotary and slowly I made my Rotarians feel the pulse of my ability in the field of training and I was

recognized aptly. My Rotarians helped me to join larger organisations like the St. John Ambulance Association, Indian Red Cross and the Society for International Development and I felt I had wings to fly. In the field of my profession as an ENT Surgeon I created my niche for my professional excellence and won the Kamal Patra Award of Goa State. As a Corporate Trainer I used my contacts in Rotary to grow in the field of training that I started moving far and wide all over India and abroad meeting different groups. Today we conduct Programmes in Goa for the IFS, IAS, IRS officers of Govt. of India. It was a dent unbelievable; When I think back where I started from by just doing Training programmes for the Officers of State Jaycees to our District Officers of Rotary and now to high profile Officers of Govt. of India. I begged the Trainer Icon award of Goa in 2013 and the Outstanding Senator Award of Indian Jaycees and so also the Outstanding Volunteer award of the Indian Red Cross, Goa state.

In the Goa medical College, during my Senior Residency I was asked to take lectures for the undergraduates and the students would simply flock around because the techniques of training impressed them and the learning process went smoothly. I realized at that moment of



time that this is my key area that I need to further explore and I fine polished it in the Red Cross and the St. John Ambulance association, both being the International organization I had a wide spread training techniques for all levels that made me stronger and helped me a lot in my professional life even when I spoke to my patients and explained to them the treatment plan and what was the disease pathology. It was an unbeatable experience of transformation from a Trainer to an ENT surgeon through a mill called Jaycees-Rotary-Red Cross and St. John Ambulance that gave me a fillip to excel in the field of training and to make new friends far and wide.

- Rtn. Dr. Jorson Fernandes
DG 2012-13, R.I. Dist. 3170



LITERACY TRAINING



REGULAR SPEAKER MEET



DONATION OF FOOD AT COIMBATORE MEDICAL COLLEGE AND HOSPITAL

REGULAR
SPEAKER MEET



JOIN SPEAKER MEET
(CATERPILLAR TO BUTTERFLY)



**INSTALLATION OF
ROTRACT CLUB
OF LEAD INDIA
AHEAD**

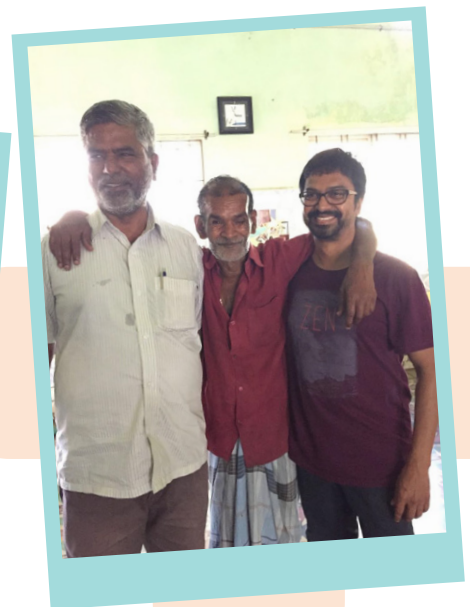


**REGULAR
SPEAKER MEET**



**DONATION OF
ANNADANAM CHEQUE
BY Rtn. JOSE ABRAHAM
TO PAASIARUM SHOORU**

**VISIT TO OLD AGE
HOME**



**MULTI DIST.
RYLA FOR RURAL
SCHOOL CHILDREN**



**INDUCTION OF
NEW MEMBER
RTN. VINOD &
FAMILY**



**ONAM
CELEBRATIONS**



KNOW YOUR ROTARIAN



Born into a planter's family, Jude Alex hails from Kanjirapally in Kottayam district, Kerala. He did his schooling in St. Josephs College, Coonoor and his graduation in Mathematics from Sacred Hearts College, Tirupattur. He started his career in the marketing department of Everonn Group of Companies in Ooty. His spirit to excel and to do make it on his own made him quit his job and get into the challenging field of Real Estate. He moved to Coimbatore in the year 2004 and established a successful career in the field of Real Estate. His speaking skills, his never give in

spirit and his positive outlook to life has helped him reach greater heights with every passing year. He also takes care of his plantations in Kerala, which is another of his interests. He is an avid sportsman too with interests ranging from athletics to badminton to chess to hockey, having played till the state level in some of these sports. He is married to Valsa who hails from Coimbatore, for the last fifteen years and is blessed with two children, Alex (13 yrs) and Leya (10 yrs). Valsa also pitches in alongside him in their business, Synergy Business Ventures.

We Rise By Lifting Others..

